STREATERIES WORLD AUTUMN/WINTER 26/27

Allergens Report

Winter 26

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Sticky Honey Ginger Meatballs with Beansprout, Egg Noodles & Wok Fried Veg SEC - Aspens	Y Whe							Y	Y						
Miso Roast Aubergine & Edame with Sticky Chilli Glaze, Egg Noodles, Wok Fried Veg SEC - Aspens Services	Y Whe Bar Oat							Y	Y		M	M	Y		
Cajun Chicken Stack Topped with Marinara & Cheese, Herby Garlic Wedges & Red Slaw SEC- Aspens Services										Y					
Cajun Roasted Vegetable Bean Bake, Garlic Herby Wedges & Red Slaw SEC - Aspens Services															
Roast Pork Shoulder, Yorkie, Skin on Garlic Roasties, Gravy, Red Cabbage & Broccoli SEC - Aspens Services	Y Whe Rye Bar Oat								Y	Y					
Cheesy Cauliflower & Squash Gratin, Yorkie, Skin on Garlic Roasties, Gravy, Red Cabbage & Broccoli SEC - Aspens Services	Y Whe Rye Bar Oat								Y	Y					

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Chicken Tikka Pathia Curry Curry, Braised Rice & Coconut Green Beans SEC - Aspens Services												M		Y	
Aloo Gobi Veg Curry, Braised Rice & Coconut Green Beans SEC - Aspens Services														Y	
Honey Mustard Creamy Chicken Baked Spaghetti & Garlic Greens SEC - Aspens Services	Y Whe									Y		Y			
Fiery Roasted Chilli & Olive Penne Pasta Bake & Garlic Greens SEC - Aspens Services	Y Whe Bar									Y					
Hand Pressed BBQ Glazed Pork & Apple Burger, Wedges, Apple Slaw & Mixed Salad SEC - Aspens Services	Y Whe Rye Bar								Y				Y		
Veggie Dog, Wedges, Apple Slaw & Mixed Salad SEC - Aspens Services	Y Whe							M	Y				M		
Roast Chicken, Skin on Garlic Roasties, Stuffing, Carrots, Cauliflower & Gravy SEC - Aspens Services	Y Whe														
Lentil & Onion Pie, Skin on Garlic Roasties, Carrots, Cauliflower & Gravy SEC - Aspens Services	Y Whe Rye Bar Oat														
Slow Roast Pork Carnitas Taco, Tomato Rice & Crunchy Fiesta Salad SEC - Aspens Services	M Whe Rye Bar Oat														
Mexican Bean Quesadilla, Tomato Rice & Crunchy Fiesta Salad SEC - Aspens Services	Y Whe Rye Bar Oat									Y					
Selection of Battered Fish, Chip Shop Battered Sausage, Chicken Nuggets, Irish Curry Sauce, Gravy, Chips, Baked Beans, Minty Peas SEC - Aspens Services	Y Whe Rye Bar Oat			Y				M	M	M	M	M		Y	

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Selection of Chip Shop Veggie Battered Sausage, Margherita Pizza, Irish Curry Sauce, Gravy, Chips, Baked Beans, Minty Peas SEC - Aspens Services	Y Whe Rye Bar Oat							M	M	Y	M	M			
Sausage, Mash & Onion Gravy with Carrots & Peas SEC - Aspens Services	Y Whe													Y	
Quorn Sausage & Mash With Onion Gravy,Carrots & Peas SEC -Aspens Services	Y Whe														
Chicken Adana Kebab, House Chilli Or Garlic Sauce Served on Flatbread SEC-Aspens Services	Y Whe Rye Bar Oat							M	Y	M					
Homemade Falafel , Flatbread With House Chilli or Garlic Sauce & Mixed Salad SEC-Aspens Service	Y Whe							M	Y	M					
Brown Sugar Glazed Gammon, Yorkshire Pudding & Gravy With Skin On Roasties And Mixed Greens SEC-Aspens Services	Y Whe Rye Bar Oat								Y	Y					
Roasted Root Vegetable Galette Served with Skin On Roasties & Mixed Greens - SEC -Aspens Services	Y Whe Rye Bar Oat								Y	Y					
Malaysian Chicken Rendang, coconut Rice, Tomato & Cucumber Chilli Sambal	Y Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal	Y						Y	
Curried Edamame Laksa With Noodles, Bean Sprouts, Tomato & Cucumber Chilli Sambal SEC-Aspens Services	Y Whe				M		M Alm Cas	Y	Y			Y			

* Allergens marked with 'M' may contain that allergen.

Yes May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts