

Holywell School Curriculum Overview

Key Stage 3 Curriculum Overview – PSHE

Curriculum Intent

We aim to develop students into well-rounded, caring and aspirational people who know and understand their rights and responsibilities in their local, national and global communities.

Implementation:

PSHE is taught in one 60-minute lesson per week. The curriculum is divided into 3 main areas of study: Relationships, Living in the Wider World and Healthy Living. Careers is built into the PSHE curriculum and students in all year groups benefit from regular careers assemblies. The Holywell values and restorative practices are embedded in the curriculum and teaching methods. Teachers create a safe and caring environment in which students can explore their thoughts and feelings with growing confidence, encouraged by both their peers and teachers.

In addition to the weekly PSHE lessons, all students will participate in our PSHE Enrichment Day.

- Year 5 theme is safety; including fire, water, road and bike safety and first aid.
 - Year 6 theme is mental well-being and stress management.
- Year 7 theme is celebrating diversity and British values through sports and the arts.
 - Year 8 theme is careers.

Further enrichment of the PSHE curriculum is provided by whole school support during assemblies and form times, of the following national initiatives; National Career's week (March), Children's' Mental Health week (February) and Anti-Bullying week (November).

Term	Year 7	Year 8
Autumn term 1	Title of Unit: Managing emotions Main Focus: Establishing community time and restorative practices; getting to know and appreciate the similarities and differences about the people in class; Managing feelings; Understanding your brain; Peer Pressure; Body Language	Title of Unit: Personal Identity Main Focus: Personal identity; Body Image; Changing relationships; To know and appreciate the similarities and differences about the people in class; To manage relationships; To empathize with others; To consider risks when making decisions Year 7 Relationships
Links to prior learning	Year 6 Relationships	Year 7 Relationships
Links to future learning	Year 8 Relationships	Year 9 Relationships
Careers links	Health care sector.	Health care sector and Police

Holywell School Curriculum Overview

Autumn term 2	<p>Title of Unit: Keeping safe and anti-bullying (including online) Main Focus: What is bullying? Seeing things through each other's eyes; Discrimination; Recognising early-warning signs; Managing risk; Making decisions;</p>	<p>Title of Unit: Human Rights Main Focus: Rights of individuals – anti-bullying and standing up for those at risk; Recognising strong emotions and managing these positively; Anti-Racism; Asylum seekers: Rights and Responsibilities</p>
Evidence of learning	WIKA (what I know already) activities at the beginning and end of units, questioning, quizzes, self-assessment, peer assessment and teacher assessment of extended written tasks.	WIKA (what I know already) activities at the beginning and end of units, questioning, quizzes, self-assessment, peer assessment and teacher assessment of extended written tasks.
Links to prior learning	Year 6 – keeping safe online	Year 7 – Rules and laws
Links to future learning	Year 8 Managing Risk	Year 9 – Citizenship
Careers links	Counsellor, therapist, communications officer, psychologist.	Law enforcement, criminal justice system, charity sector, human rights organisations, civil service, government.
Spring term	<p>Title of Unit: Healthy lifestyles Main Focus: Respectful relationships: online vs real world, mental health; physical and emotional aspects of puberty, keeping healthy, personal hygiene, sleep hygiene, screen time, risks and effects of drugs including vaping and alcohol.</p>	<p>Title of Unit: RSE – Healthy Lifestyles Main Focus: Healthy relationships, body image and the media, the law and sex, STI's, contraception, dangers of illegal drugs. 'Smashed' – alcohol workshop.</p>
Evidence of learning	WIKA (what I know already) activities at the beginning and end of units, questioning, quizzes, self-assessment, peer assessment and teacher assessment of extended written tasks.	WIKA (what I know already) activities at the beginning and end of units, questioning, quizzes, self-assessment, peer assessment and teacher assessment of extended written tasks.
Links to prior learning	Year 6 healthy lifestyles	Year 7 Healthy lifestyles
Links to future learning	Year 7 healthy lifestyles	Year 9 Healthy Lifestyles
Careers links	Healthcare sector, sport.	Healthcare sector, sport.
Summer term 1	<p>Title of Unit: Accidents and Economic well-being Main Focus: Dealing with accidents; first aid; Economic wellbeing, the role of banks, the economy and budgeting. * PSHE Day – British Values</p>	<p>Title of Unit: Careers and Employability Skills Main Focus: Concept of career; understanding the qualities, skills and attitudes needed for employability; gender stereotyping at work, developing and maintaining self-esteem and envisaging a positive future for themselves; Goal setting</p>

Holywell School Curriculum Overview

		* PSHE Day – Careers education, employer encounters, post 16 routes, introduction to different industries and jobs.
Evidence of learning	WIKA (what I know already) activities at the beginning and end of units, questioning, quizzes, self-assessment, peer assessment and teacher assessment of extended written tasks.	WIKA (what I know already) activities at the beginning and end of units, questioning, quizzes, self-assessment, peer assessment and teacher assessment of extended written tasks.
Links to prior learning	Year 5 Safety Year 5 Economic wellbeing	Ongoing careers programme including speakers and tutor time employer encounters.
Links to future learning	Year 9 Economic wellbeing	Ongoing careers programme including speakers and tutor time employer encounters.
Careers links	Money, banking and finance.	Post 16 options, A levels, T levels, apprenticeships, part time work.
Summer term 2	Title of Unit: Citizenship Main Focus: How government works; the political system of the United Kingdom; democracy; voting and elections, the role of political parties; the nature of rules and laws.	Title of Unit: Critical Consumers Main Focus: Demonstrate capability as critical consumers of goods and services; Rights and responsibilities; Ethical employers; Fairtrade Title of Unit: Moving Forward – Upper School Transition Preparation Main Focus: Managing change, celebrating successes, coping with feelings, preparing for transition.
Evidence of learning	WIKA (what I know already) activities at the beginning and end of units, questioning, quizzes, self-assessment, peer assessment and teacher assessment of extended written tasks.	Presentation on an ethical employer. Discussions and extended written task.
Links to prior learning	Year 5 Children and the Law Year 6 Rules and Laws	Year 6 Caring for our world
Links to future learning	Year 8 Human Rights	Year 9 Citizenship – curriculum under construction TBC
Careers links	Politicians, economist, civil servant, campaign manager, political scientist.	Ethical supply chain careers, sustainability researchers, nature conservation. Careers in the green sector.
Reading in the curriculum (Literacy & Vocabulary)		
Key subject specific vocabulary is taught and revisited on a regular basis. Students have opportunities to read a range of texts individually and in small groups and are encouraged to express their ideas clearly.		
Protected Characteristics in the curriculum		
In the 'relationships' area of study, students are taught to recognise and challenge discrimination when they encounter it. Teaching about protected characteristics links to the key Holywell values of kindness, tolerance and respect. The curriculum materials are designed to ensure that they represent diversity. External speakers enrich the curriculum in this area.		

Holywell School Curriculum Overview

Safeguarding including safety in the curriculum

Students have access to an 'Ask it Basket' in all PSHE lessons. This has 2 purposes; to enable students to ask a question about something covered in the lesson or to raise a concern about themselves or another student. Students are frequently reminded to use their trusted adults and are signposted to organisations that can provide further support.

Values across the curriculum

The Holywell values of respect, kindness, tolerance and compassion are an integral part of the PSHE curriculum. Students are encouraged to respect the diversity of our community and to understand that we all have the right to feel safe all the time.

Spirituality in the curriculum

The PSHE curriculum teaches students to respect and value themselves and others. It does this through developing self-awareness and by exploring the components of healthy relationships. It teaches children how to look after their physical and mental wellbeing. The 'Living in the Wider World' strand of the curriculum explores how our society works and encourages students to think beyond the present. The RSE part of the curriculum was planned in line with the 'Goodness and Mercy' resource. We support the school vision of 'being the best we can be in community'. An example of how we do this is by raising student's aspirations through regular careers assemblies and by encouraging them to look at their skills and qualities and how to develop these further.

How we track your progress

Linking to the progress descriptors all students' progress is tracked through the work they produce and contribute to in class, homework, end of unit assessments and in class assessments/quizzes.

Parents/Carers can support their child by:

Encouraging their child to take an interest in current affairs by watching or listening to the News and discussing stories which are of interest. Have discussions with their child about different careers that friends and family have and by supporting the year 8 'Take Your Child to Work Day' in July.

Sustainability within the subject

Year 8 Critical Consumers – fast fashion, fair trade, ethical employers.