

Holywell School Curriculum Overview

Key Stage 2 Curriculum Overview – PSHE

Curriculum Intent

We aim to develop students into well-rounded, caring and aspirational people who know and understand their rights and responsibilities in their local, national and global communities. PSHE is taught in one 60-minute lesson per week. The curriculum is divided into 3 main areas of study: Relationships, Living in the Wider World and Healthy Living. Careers is built into the PSHE curriculum and students in all year groups benefit from regular careers assemblies. The Holywell values and restorative practices are embedded in the curriculum and teaching methods. Teachers create a safe and caring environment in which students can explore their thoughts and feelings with growing confidence, encouraged by both their peers and teachers.

In addition to the weekly PSHE lessons, all students will participate in the PSHE Enrichment Day.

- Year 5 theme is safety; including fire, water, road and bike safety and first aid.
 - Year 6 theme is mental well-being and stress management.
- Year 7 theme is celebrating diversity and British values through sports and the arts.
 - Year 8 theme is careers.

Further enrichment of the PSHE curriculum is provided by whole school support of the following national initiatives, during assemblies and form times: National Career’s week (March), Children’s’ Mental Health week (February) and Anti-Bullying week (November). *Ofsted report on PSHE – inspection dated 11th and 12th July 2023: Leaders have planned the personal, social, health and economic programme well. Pupils learn how to maintain healthy lifestyles and relationships. The programme helps them understand different cultures and lifestyle choices. The careers programme embeds aspiration and prepares pupils for the next phase of education.*

Term	Year 5	Year 6
Autumn term 1	PSHE - Relationships Big concept: establishing community time and restorative practices, PSHE ground rules, rights and responsibilities, creating a community, children and the law and gifts and talents.	PSHE-Relationships Big Concept: Diversity, Stereotypes, Relationship skills and challenges, Safe online relationships.
Links to prior learning	Lower School: Relationship skills	Year 5 Relationships
Links to future learning	Year 6 Relationships	Year 7 Relationships
Autumn term 2	PSHE - Relationships Big Concept: Healthy relationships: friends and family: importance of good communication, expressing and managing feelings, coping strategies. Anti-bullying Week (11 th -15 th November)	PSHE – Living in the Wider World Big Concept: Rules, laws and democracy and S.M.A.R.T target setting. Anti-bullying Week (11 th -15 th November)
Evidence of learning	WIKA (what I know already) activities at the beginning and end of units, questioning, quizzes, self-assessment sheets in pupil booklets.	WIKA (what I know already) activities at the beginning and end of units, questioning, quizzes, self-assessment sheets in pupil booklets.

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Links to prior learning	Lower School: Relationship skills	Year 5 children and the Law
Links to future learning	Year 6 Relationships	Year 7 the UK political system
Careers links	Counsellor, therapist, communications officer, psychologist.	Police officer, solicitor, barrister, legal secretary, para-legal, politician.
Spring term 1	PSHE – Healthy Living – Physical Health and Mental Wellbeing Big Concept: physical and mental health and wellbeing, healthy eating, healthy sleep habits, exercise and hobbies, viruses and bacteria, changing bodies in puberty, dangers of vaping.	PSHE – Healthy Living – Physical Health and Mental Wellbeing Big Concept: Physical and emotional changes during puberty, families, sleep hygiene, caring for our mental health, dental health, identifying legal and illegal drugs, understanding the risks of drugs.
Evidence of learning	WIKA (what I know already) activities at the beginning and end of units, questioning, quizzes, self-assessment sheets in pupil booklets.	WIKA (what I know already) activities at the beginning and end of units, questioning, quizzes, self-assessment sheets in pupil booklets.
Links to prior learning	Year 5 Science – microbes	Year 5 Physical health and mental wellbeing Year 6 Science – keeping healthy
Links to future learning	Year 6 Physical health and mental wellbeing	Year 7 Physical health and mental wellbeing
Careers links	Health care sector	Health care sector
Summer term 1	PSHE – Citizenship – Living in the Wider World Big concept – Economic wellbeing: keeping money safe, ways of paying, the importance of budgeting; planning a budget.	PSHE – Citizenship – Living in the Wider World Big Concept – Caring for the environment: positive and negative effects of human activity on the planet; plastic pollution; climate change; food waste; the oceans; sustainability and recycling.
Evidence of learning	WIKA (what I know already) activities at the beginning and end of units, questioning, quizzes, self-assessment sheets in pupil booklets.	WIKA (what I know already) activities at the beginning and end of units, questioning, quizzes, self-assessment sheets in pupil booklets.
Links to prior learning		Year 5 Geography - oceans
Links to future learning	Year 7 PSHE– economic wellbeing and the UK economy	Year 7 Geography - extreme weather Year 8 Geography – climate change
Careers links	Money, banking and finance sector	Green technology, environmental scientists, environmentalists.
Summer term 2	PSHE – Living in the Wider World – Careers Big Concept - Year 5 charity enterprise event, careers, stereotypes, skills and qualities, aspirations.	PSHE – Living in the Wider World – Media Literacy Big Concept: How data is shared and used online, fraud, evaluating reliability of sources, misinformation and targeted information, choosing age appropriate TV, games, apps and online content.
Evidence of learning	A successfully planned and executed charity event.	Students making informed choices when selecting which apps, films, TV and computer games to use.

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Links to prior learning	Lower School careers programme	Year 6 safe online relationships
Links to future learning	Ongoing careers programme	Year 7 Media Literacy
Careers links	Challenging gender stereotypes in careers.	Website designer, journalist, digital content creator, digital marketing, fraud investigator.
Reading in the curriculum (Literacy & Vocabulary)		
Key subject specific vocabulary is taught and revisited on a regular basis. Students have opportunities to read a range of texts individually and in small groups and are encouraged to express their ideas clearly.		
Protected Characteristics in the curriculum		
In the 'relationships' area of study, students are taught to recognise and challenge discrimination when they encounter it. Teaching about protected characteristics link with the key Holywell values of kindness, tolerance and respect. The curriculum materials are designed to ensure that they represent diversity.		
Safeguarding including safety in the curriculum		
Students have access to an 'Ask it Basket' in all PSHE lessons. This has 2 purposes; to enable students to ask a question about something covered in the lesson or to raise a concern about themselves or another student. Students are frequently reminded to use their trusted adults and are signposted to organisations that can provide further support.		
Values across the curriculum		
The Holywell values of respect, kindness, tolerance and compassion are an integral part of the PSHE curriculum. Students are encouraged to respect the diversity of our community and that we all have the right to feel safe all the time.		
Spirituality in the curriculum		
The PSHE curriculum teaches students to respect and value themselves and others. It does this through developing self-awareness and by exploring the components of healthy relationships. It teaches children how to look after their physical and mental wellbeing. The 'Living in the Wider World' strand of the curriculum explores how our society works and encourages students to think beyond the present. The RSE part of the curriculum was planned in line with the 'Goodness and Mercy' resource. We support the school vision of 'being the best we can be in community'. An example of how we do this is by raising student's aspirations through regular careers assemblies and by encouraging them to look at their skills and qualities and how to develop these further.		
How we track your progress		
Linking to the progress descriptors all students' progress is tracked through the work they produce and contribute to in class, and in class assessments/quizzes.		
Parents/Carers can support their child by:		
Encouraging their child to take an interest in current affairs by watching Newsround and discussing stories which are of interest.		
Sustainability within the subject		
Year 6 Caring for our world unit		
Caring for the environment: positive and negative effects of human activity on the planet; plastic pollution; climate change; food waste; the oceans; sustainability and recycling.		